

Rewrite These In Youth Language

Keep the meaning, but make the question sound natural, memorable, and honest.

Truth

Original: Am I using this to seek truth or avoid truth?

Rewrite it so someone your age would actually ask it before using AI.

Example direction: Am I trying to understand, or just trying to get out of thinking?

Integrity

Original: Would I be okay if my teacher, parent, or friend knew how I used it?

Rewrite it so it sounds direct and real.

Example direction: Would I feel exposed if someone saw my prompt and answer?

Growth

Original: Is this helping me learn, or replacing my learning?

Rewrite it in a way that helps someone notice whether AI is helping or taking over.

Example direction: Is AI helping me get better, or just doing the work for me?

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Choose wording that would be easy to remember and use this week.

Heart

Original: Is this feeding fear, laziness, pride, comparison, or isolation?

Rewrite it so it helps someone notice what is happening inside them.

Example direction: Is this coming from wisdom, or from fear, laziness, pride, or pressure?

Relationship

Original: Is AI replacing a conversation I should have with God or a real person?

Rewrite it so it helps someone notice avoidance.

Example direction: Am I asking AI because I am avoiding a real conversation?

Lordship

Original: Is this a tool I control, or something quietly controlling me?

Rewrite it so it asks who or what is really leading.

Example direction: Who is leading here: God, me, or the tool?