

AI: Tool, Shortcut, or Master?

Sunday, May 24, 2026 | 6:00-9:00 PM | Proverbs 4:20-27

Leader Goal

Tonight is successful if youth honestly discuss real AI pressures, discover biblical wisdom from Proverbs 4:20-27, and leave with one practical discernment question they can use this week.

Tone

Curious, safe, honest, and challenging. Start with: AI is powerful, and powerful tools shape people.

Leader Posture

Ask more than you explain. Follow up with: Why? What makes you say that? Thank people for honesty.

Preparation

- Participant page for everyone
- Game 1 printout
- AI Wisdom Filter handout or two-page Wisdom Rewrite PDF
- Paper, pens, sticky notes, marker board or large paper
- One person to watch time
- Proverbs 4:20-27 ready in a clear translation

Flow: First Half

6:00-6:45 Potluck and Soft Start

Let the meal do relational work. Adults model relaxed conversation, not interview mode.

- Ask: What AI tool have you used recently?
- Ask: What is AI surprisingly good at?
- Listen for study pressure, dependence, friendship advice, cheating, anxiety, comparison, creativity.

6:45-7:05 Game 1: AI or Human?

Use the Game 1 printout. Hand out unlabeled samples, let everyone vote, then reveal the answer key.

- Debrief: What can AI imitate well?
- What can it not truly become?
- How can imitation still influence real people?

7:05-7:25 Game 2: Where Is The Line?

Mark one side of the room wise use and the other side dangerous use. Read each scenario. Youth stand where they think it belongs.

- Scenarios: concept before test, essay outline, AI-written essay, texting someone, avoiding real advice, AI prayer, everyone else uses it.
- Repeat: What makes this helpful? What makes this dangerous? Where is the line between support and surrender?
- Leader line: We are not only asking Can I? We are asking what this does to heart, honesty, courage, and wisdom.

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Flow: Second Half

7:25-8:10 Discovery Bible Study: Proverbs 4:20-27

Read the passage twice. First: listen. Second: notice body words and action words.

- What stands out?
- What does this say about God's wisdom?
- What does it say about people and the heart?
- Why ears, eyes, mouth, heart, feet, and paths?
- What could guard your heart mean in an AI-shaped world?
- Bridge: AI gives answers quickly, but Proverbs is concerned with the direction of a whole life.

8:10-8:35 Build The Y-Group AI Wisdom Filter

Use the Wisdom Filter printout or the two-page Wisdom Rewrite PDF. Assign each person or pair one category, rewrite it in youth language, then choose the final questions together.

- Categories: Truth, Integrity, Growth, Heart, Relationship, Lordship.
- Test the filter on two scenarios.
- Ask each person to choose the one question they personally need this week.

8:35-8:50 Personal Response

Give two quiet minutes. Ask each person to write one answer, then invite voluntary sharing.

- One way AI helps me.
- One way AI tempts me.
- One boundary I may need.
- One real conversation I may need to have.
- One kind of person I want God to form me into.

8:50-9:00 Prayer and Close

Invite each person to say one word for prayer: wisdom, honesty, courage, peace, focus, identity, discipline, friendship, or help.

- Pray that Y-Group becomes a spiritual family where people bring real life questions and discover God's wisdom together.

Backup Questions

- When does AI make you feel more capable? When does it make you feel less confident?
- Would you rather ask AI, a friend, a parent, or God for advice? Why?
- What is one situation where AI could make someone less honest?
- What is one situation where AI could help someone love others better?
- What kind of wisdom cannot be downloaded?

The deeper question is not just whether AI helps us do more. It is what kind of people we are becoming while using it.